

POST PROCEDURE CARE FOLLOWING MASTECTOMY

All patients will have a PICO DRESSING Negative Pressure Wound Therapy (NPWT) post Mastectomy

- MASTECTOMY / MASTECTOMY + SENTINEL NODE BIOPSY will return with verivac drain x1
- MASTECTOMY+AXILLARY CLEARANCE will have verivac drains x 2

Drain(s) must be on full suction (III)

WOUND CARE

- PICO Negative Pressure Wound Therapy (NPWT) AND DRAIN SITE DRESSING to remain intact for 7 days
- If PICO battery pack is flashing **ORANGE** don't worry, reassure the patient and leave the dressing intact to function as a standard dressing
- On day 7, remove all dressings and drain regardless of serous fluid volume.
- No repeat authorization needed

The patient will be referred to Health Choices and a Registered Nurse will visit the patient at home daily until the drain and PICO are removed.

Patients will be prescribed oral antibiotics for discharge and follow up appointment in 2 weeks

If any concerns regarding the wound contact Dr Hamza.



Mr. Saud Hamza

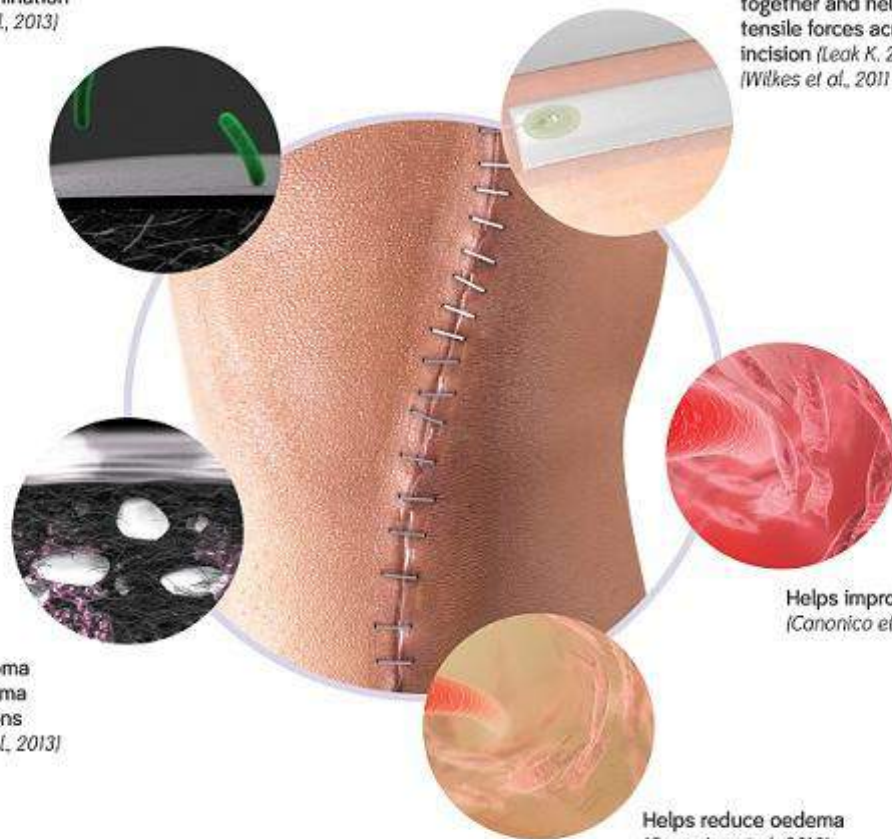
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Incisional NPWT multi-modal mechanism of action

Protects the incision from external contamination
(Hudson DA et al, 2013)

Holds closed incision edges together and helps reduce tensile forces across the incision
(Leak K, 2011)
(Wilkes et al, 2011 in-vitro)



Reduces seroma and haematoma fluid collections
(Pellino, G et al, 2013)

Helps improve perfusion
(Canonica et al, 2012)

Helps reduce oedema
(Canonica et al, 2012)



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Appendix D

PICO SETUP



BREAST CONSERVATION SURGERY (BCS):

Wide local excision, Hook wire, Lumpectomy

BCS ***WITH*** AXILLARY CLEARANCE- will return with verivac drain x1

WOUND CARE

Drain site:

- Dressing at the axilla to stay intact for 5 days
- Remove drain on day 5 regardless of the serous fluid volume

Breast suture line

- Dressing will be a COMFEEL DRESSING
- Remove the dressing on day 3 (not to count operative day).

Patient will be prescribed oral antibiotics for discharge and follow up appointment in 2 weeks

Patient will be referred to Health Choices and a Registered Nurse will visit patient at home daily until the drain is removed.

BCN Tanya Norman will do a follow up phone call as usual

If any concerns regarding the wound contact Dr Hamza.

BCS *WITHOUT* AXILLARY CLEARANCE – No drain

WOUND CARE

- Comfeel dressing only
- Patient to remove the dressing on day 3
- CMC will contact the patient on Monday or the next day for weekdays post discharge to check on patient and reassurance.
- **NO HEALTH CHOICES REFERRAL REQUIRED**
- Follow up appointment in 2 weeks